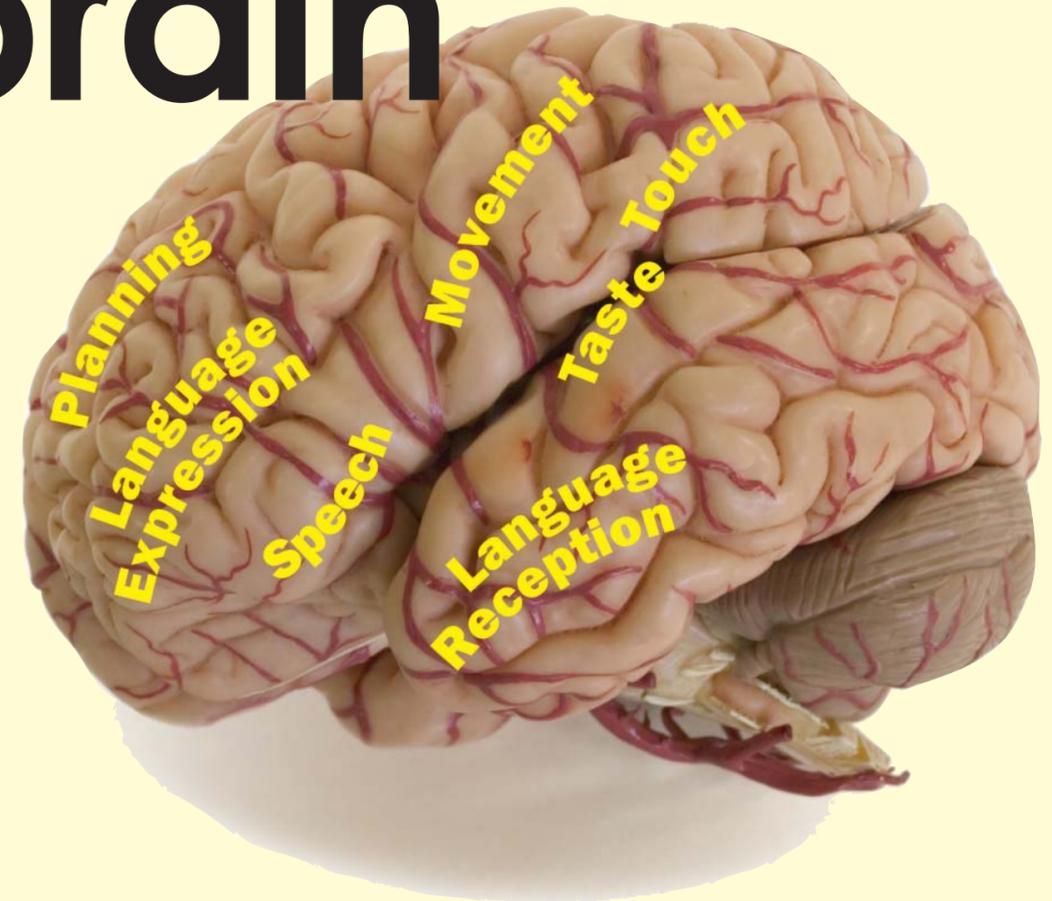


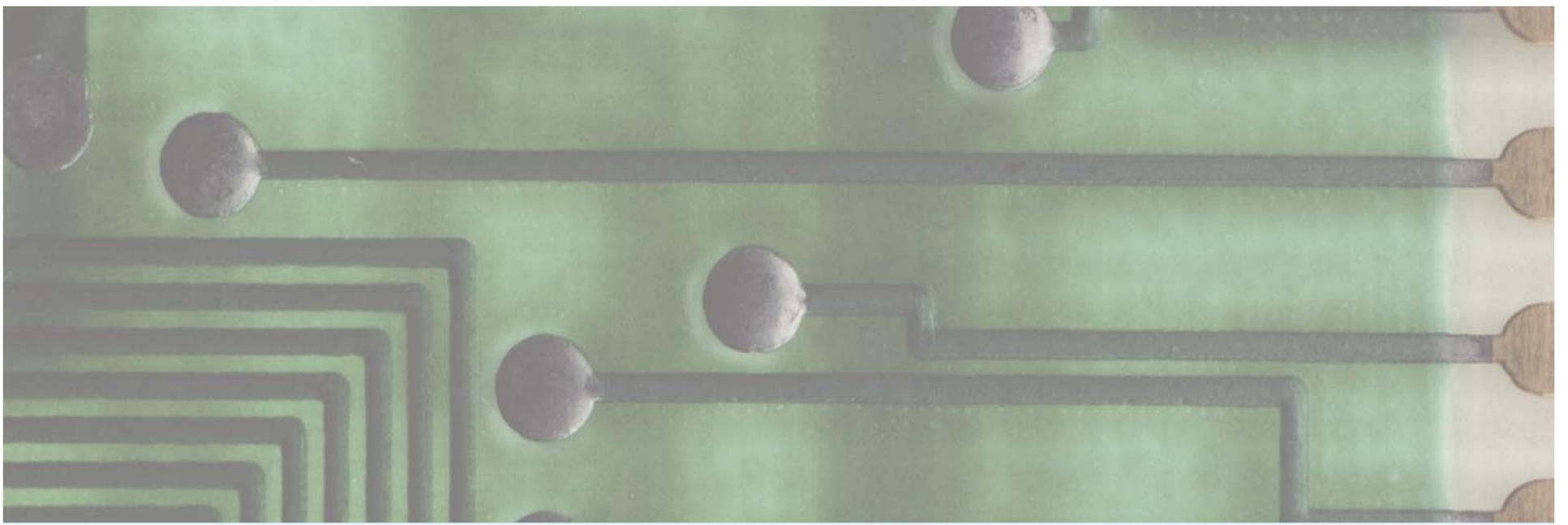
The **source** of the spirit is the human brain

Not a **male** brain.

Not a **female** brain.

A **human brain** - special to each individual
because it changes in response to each
person's life **experiences**.





Survival pressures **shape** **the brain.**

Providing shelter, saving for food, eluding danger, preventing accidents and caring for family change the physical structures in the brain.

These changes are documented by modern research technology.

Laws against **killing** and **thievery** are useful **social tools.**

Laws that define everyday actions are another way for a powerful few to control individual spirits.

Religions inspire fear to control the spirit.

Depending on the religion, individuals are told how to dress, how to speak, what to believe, and where to find safety.

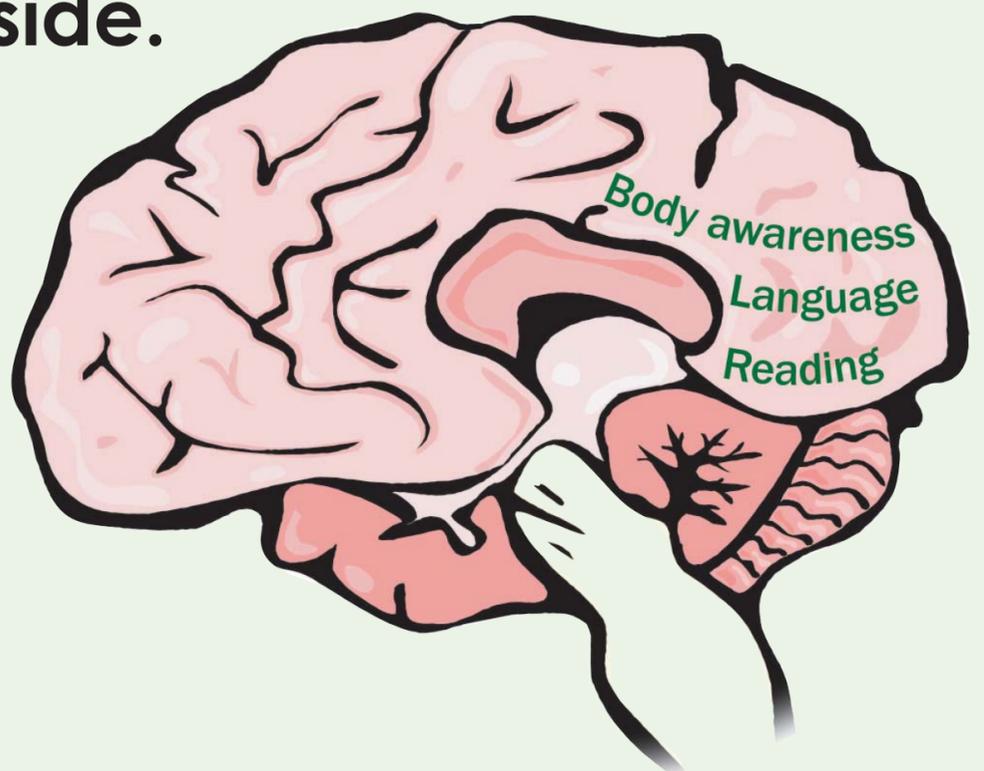
Traditions exist to control change in a society.

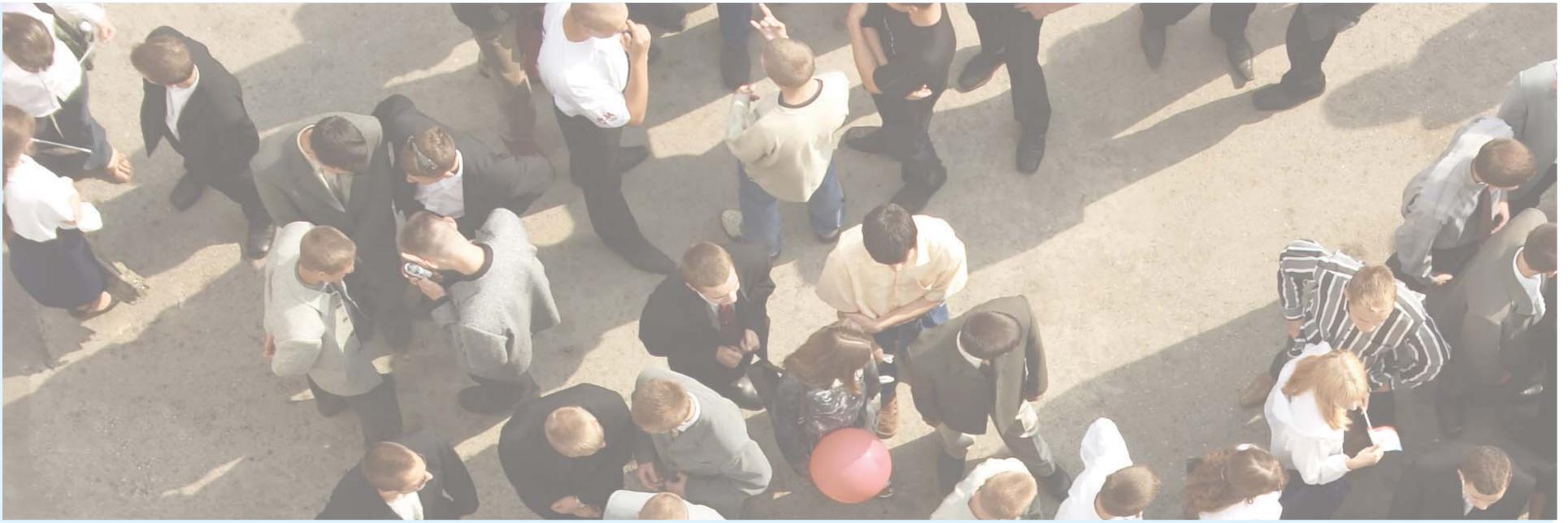
Sometimes traditions are comforting. The purpose of traditions is to control the group.

These different elements

- religion, laws, traditions - are powerful forces in shaping the human brain.

These elements can be examined and changed or cast aside.





Our **brain** is a **social** instrument.

The brain changes in response to social pressures. Religion, governments, traditions, and laws are social pressures that require individuals to conform.

Those pressures have some survival benefits. Sometimes those benefits come with the high price of binding the spirit.

Obedience is **easy**.

Self-determination is difficult.

Each individual can let her spirit be defined and confined by social pressures or develop a free spirit by thoughts of her own.

We **SHAPE** our **spirits**.

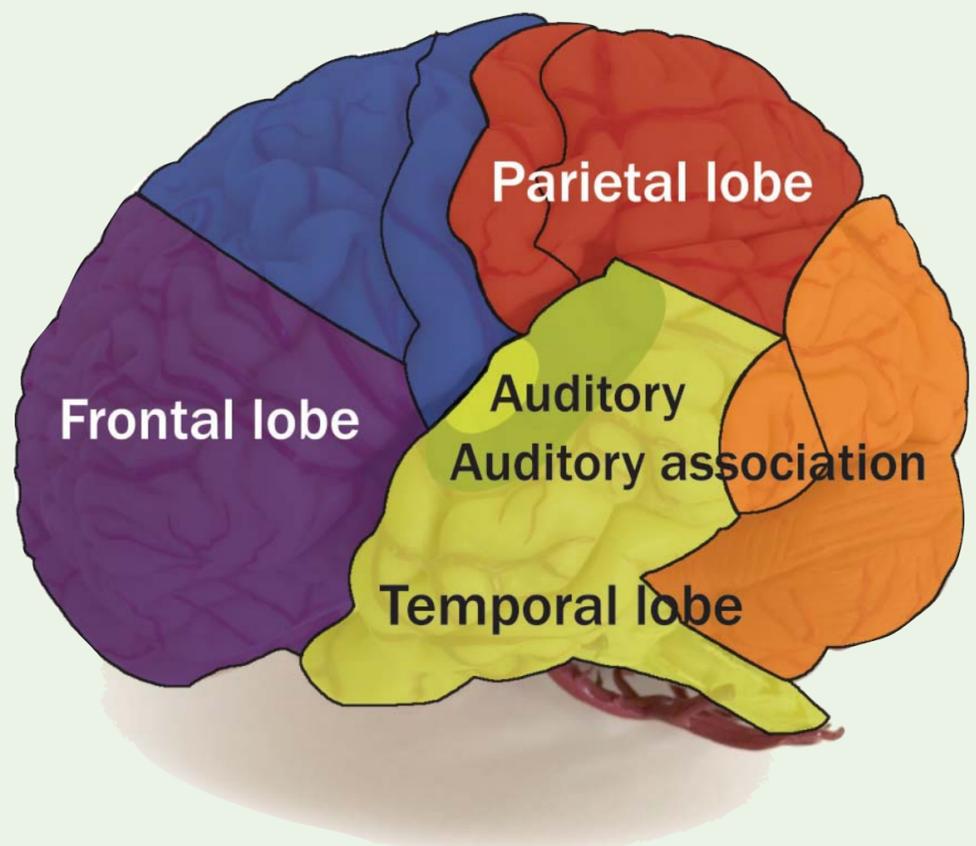
We can **RESHAPE** our spirits with new thoughts and experiences.

Education and **debate**
open the spirit to new
possibilities.

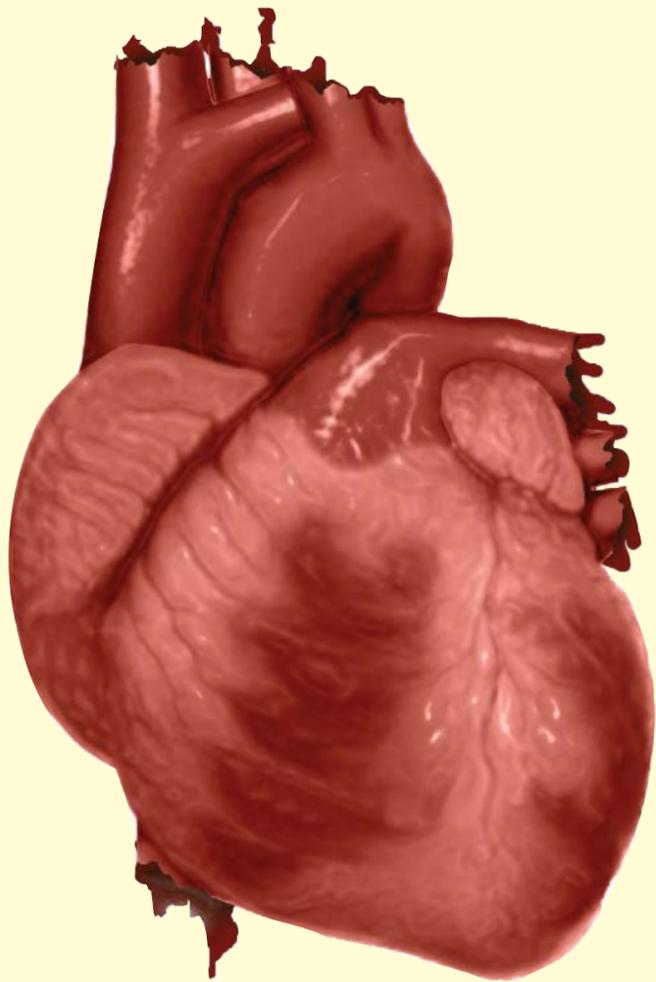
Ask the question, 'Is that true?'

Make your **brain** structures
leap into **action**.

firing neurons, lighting up neural pathways,
and measuring old information against
new concepts.



New **concepts** come from imagination, education, and **changing social** contacts.



The **heart** is the power that **runs** your body but the brain is the **director** that sends the **orders** you decide by your thoughts and experiences.